RIDING HELMET WAIVER

I the undersigned acknowledge that there are dangers inherent with horseback riding including being thrown to the ground. I am assuming this and other hazards upon myself since I wish to ride without a helmet.

I realize I am subject to injury from this activity and that no form of pre-planning can remove all dangers to which I am exposing myself. I have chosen to ride without a protective helmet, which could prevent permanent brain damage in the event of an accident. Even considering my own knowledge of the medical statistics relating to horse related injuries I am refusing this critical safety precaution.

I have read and understand the risks described above.
Adult Horseman's Signature
(parent or legal guardian sign below)
Adult Horseman's Printed name
Date: Age:
INDEMNIFICATION
If under eighteen years of age, parent or legal guardian must sign the following indemnification:
Name of Minor (NEATLY PRINT)
In consideration for the above minor being permitted by
to ride in a Lake Washington Saddle
Club Event, I agree to the following waiver, release, and indemnification:
The undersigned parent or legal guardian of the above minor for himself/herself and on behalf of said
minor(s), hereby joins in the foregoing Waiver and Release and hereby stipulates and agrees to save and
hold harmless, indemnify, and forever defend LAKE WASHINGTON SADDLE CLUB, WASHINGTON STATE
PARKS, their liabilities (including reasonable attorney's fees and NEGLIGENCE made or brought by said
minor or by anyone on behalf of said minor, as a result of said minor's activity of riding his/her horse
and his or her use of the property and facilities of LAKE WASHINGTON SADDLE CLUB, WASHINGTON
STATE PARKS. I, for myself and on behalf of said minor, further agree not to sue LAKE WASHINGTON
SADDLE CLUB, WASHINGTON STATE PARKS as a result of any injury, paralysis or death that said minor
suffers in connection with his/her activity on LAKE WASHINGTON SADDLE CLUB, WASHINGTON STATE
PARKS, in particular with regard to the free choice decision made to allow said minor to RIDE WITHOUT
A HELMET.
Date
Signature of Parent or Legal Guardian
Print Name of Parent or Legal Guardian